



Instructions for attaching UHF timing chips to running shoes  
Version: 1.0  
Date created: 12-Aug-2010

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### STEP 1: CHECK THE FORMAT OF THE TIMING CHIP

The UHF timing chip for running is provided on a self adhesive water proof Tyvek strap. This chip will be numbered and programmed ready for use. The adhesive area will be covered with a brown 3M peel off disposable covering (LEFT in photo).





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## **STEP 2: PEEL OFF THE ADHESIVE AREA COVERING**

Carefully peel-off the brown "3M" covering from the adhesive area.





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**STEP 3: THREAD THE STRAP THROUGH THE SHOE LACE**

Thread the strap through the shoe lace with the label facing outwards.





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**STEP 4: FORM A LOOP WITH THE TAG**

Form a loop with the tag using the adhesive to bind the two ends of the strap together.





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**STEP 5: POSITION THE TAG RACE NUMBER FACING UPWARDS**

Rotate the tag so that the Race Number is facing upwards





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#### STEP 6: CHECK THE FINISHED PRODUCT

The shoe tag should now be attached as a loop through the shoe lace with the Race Number facing upwards.

